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ENERGY STAR®, a U.S. Environmental Protection Agency program, helps us all save money and protect our environment through energy efficient products and practices. For more information, visit www.energystar.gov.

Fight Global Warming: What You Can Do at Work

By making many of the same green choices at work that you make at home, you can help save energy and fight global warming.

Follow these 5 Steps to **Bring Your Green to Work**:

1. Make your Building an ENERGY STAR!

In addition to products for your home and office, supermarkets, schools, hotels, hospitals, and office buildings can earn the government's ENERGY STAR. ENERGY STAR qualified buildings are the best in the nation for energy performance and use, on average, 35% less energy than other buildings. Help your company get started on the path to energy savings by encouraging your company to take the ENERGY STAR Challenge, a national call to action to improve the energy efficiency of America's buildings by 10% of more. Learn more at energystar.gov/buildings

2. Light up Your Work Life!

Replace the incandescent light bulb in your desk lamp with an ENERGY STAR qualified compact fluorescent light bulb (CFL). ENERGY STAR qualified lighting provides bright warm light but uses about 75% less energy than standard lighting and lasts up to 10 times longer. Take it a step further: replace your conventional lamp or light fixture with one that is ENERGY STAR qualified. Over the course of their lifetime, these lamps and fixtures can help prevent more than 400 pounds of greenhouse gas emissions—the equivalent of keeping nearly 200 pounds of coal from being burned! Don't forget to turn off lights in unoccupied spaces or when leaving the room. Learn more at energystar.gov/lighting

3. Work Smarter, Not Harder!

Office equipment and electronics use energy even when idle or on stand-by. Make sure to use the power management features on your computer and monitor, unplug laptop power cords when not in use, turn off equipment and lights at the end of the day, and try a power strip that can be turned off at night. And don't forget to encourage your employer to look for products that have earned the government's ENERGY STAR when buying new equipment for the office. ENERGY STAR qualified products, including computers, copiers, fax machines, and printers, mean you get the features and performance you want AND help reduce greenhouse gas emissions. Learn more at energystar.gov/products

4. Reduce, Reuse, and Recycle!

Recycle office paper, newspaper, beverage containers, electronic equipment and batteries. You can also use two-sided printing and copying paper, buy supplies made with recycled content, and recycle used printer cartridges. For your old electronics, donate used equipment to schools or other organizations. If your office doesn't have a recycling program, create a Green Team to help reduce waste, increase recycling, and build support for greener company practices. Learn more at epa.gov/msw/reduce.htm

5. Green your Commute!

Give your car a break. Combine trips whenever possible, share a ride, use mass transit, walk or bike whenever possible. Leaving your car at home just 2 days a week will save almost 1,600 pounds of greenhouse gas emissions each year! If you drive, avoid excessive idling and jackrabbit starts. Keep your car well-maintained to maximize its fuel efficiency, safety, and reliability. Learn more at www.bwc.gov